

GuidanceResources®

Your Life. Your Work. Your Best.

Your GuidanceResources® Student Assistance Program

Sometimes life can feel overwhelming. It doesn't have to. Your ComPsych® GuidanceResources® Student Assistance Program provides confidential counseling, expert guidance and valuable resources to help you handle any of life's challenges, big or small.

Life is challenging.
We can help.
Confidential 24/7 support.

Services:

Confidential Emotional Support

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship conflicts

Work and Lifestyle Support

- Spring break planning, study abroad info
- Apartment hunting, moving truck hires
- Bike repair shops, pet services and more

Legal Guidance

- Traffic tickets, landlord conflicts and more
- Free consultation and discounted local representation

Financial Resources

- Taxes, student loans
- Insurance, credit card debt
- Budgeting, bankruptcy and more

Digital Support

- Connect to counseling, work-life support or other services
- Tap into an array of articles, podcasts, videos, slideshows
- Improve your skills with On-Demand trainings

RANKEN
TECHNICAL COLLEGE

COMPSYCH
GuidanceResources® Worldwide



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Online: guidanceresources.com
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